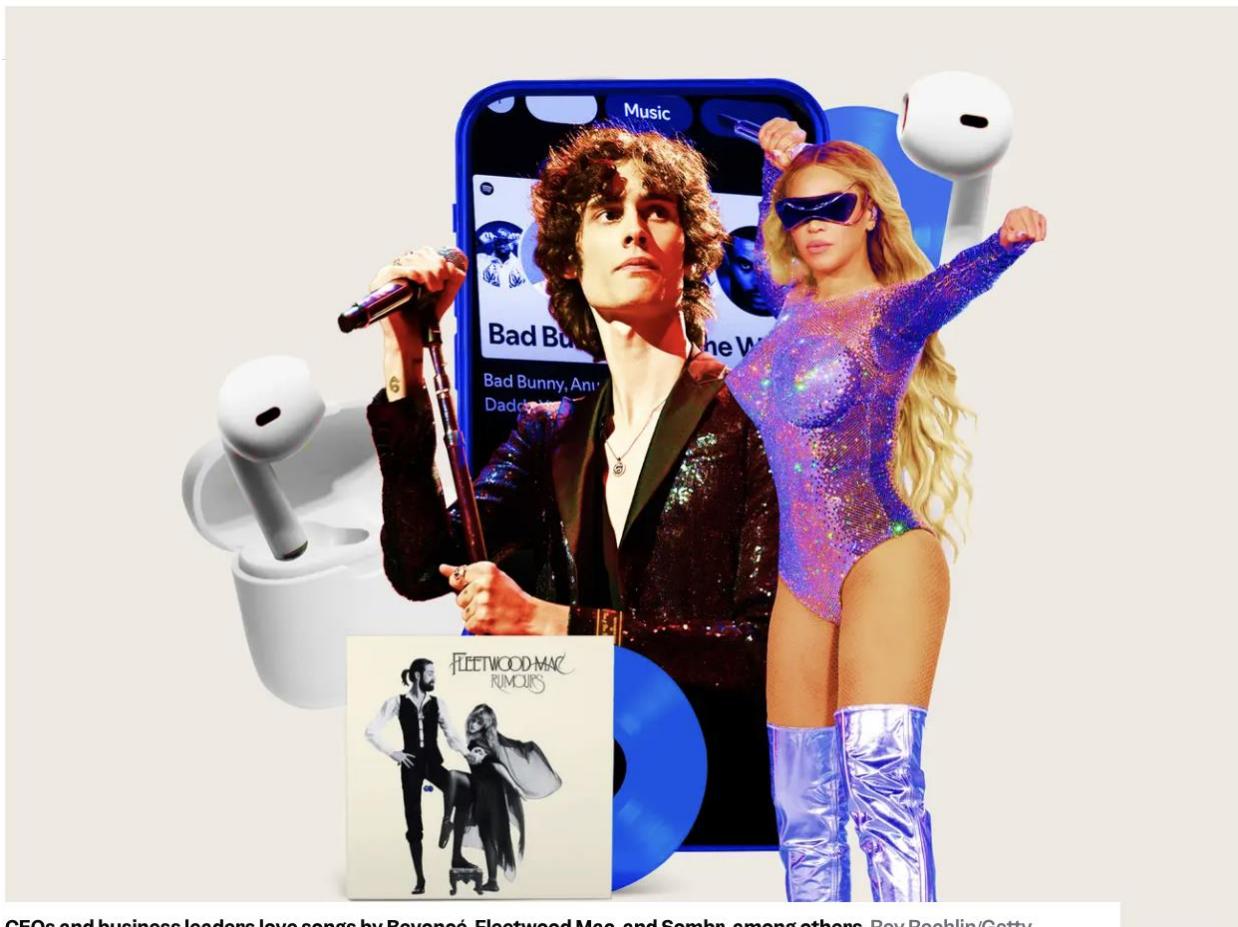


BUSINESS INSIDER

ENTERTAINMENT

The pump-up songs CEOs and business leaders rely on to get them through the day, from Beyoncé to Eminem

By [Kristine Villarroel](#) and [Alice Tecotzky](#)



CEOs and business leaders love songs by Beyoncé, Fleetwood Mac, and Sombr, among others. Roy Rochlin/Getty Images; Kevin Mazur/WireImage for Parkwood; Alyssa Powell/BI

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- We asked 14 business leaders to share the songs that get them motivated and energized for the day.
- They named tracks by Beyoncé, Eminem, and U2, among others.
- Listen to their complete playlist on [Business Insider's Spotify](#).

[Spotify Wrapped](#) is out, and like the rest of us, [CEOs](#) are recapping their year in songs.

These 14 business leaders have all previously told Business Insider how their daily routines look in our [Power Hours series](#) — now, they're telling us how they sound.

From getting hyped up before important meetings to getting energized at the beginning of the day, these 14 leaders shared their go-to pump-up songs and why the tracks motivate them.

[Listen to the complete playlist on Business Insider's Spotify.](#)

Jessica Hoppe, CEO of The World Residences at Sea



Michigan native Jessica Hoppe's go-to is "Lose Yourself" by Eminem. Saúl Martínez for BI

Jessica Hoppe also hypes up with "Lose Yourself" by Eminem.

"I'm from Michigan, so there's something about Eminem that feels like home — authentic, gritty, and unapologetically driven," Hoppe said in an email.

"'Lose Yourself' has that perfect mix of edge, rhythm, and storytelling," she said. "It's all about pushing through fear, betting on yourself, and rising to the moment. It reminds me that the biggest opportunities come when you're willing to take a deep breath, trust your preparation, and step fully into the spotlight."